PROBLEM Solvers



Growing Problem Solvers

Problem-solving skills are crucial for young children as they lay the foundation for critical thinking, creativity, and independence. Developing these skills early on helps children learn how to navigate challenges, make decisions, and understand the consequences of their actions. This not only boosts their confidence but also enhances their ability to adapt to new situations, fostering resilience and a proactive attitude towards learning and life. Encouraging problem-solving in children nurtures their curiosity and equips them with essential tools for academic success and personal growth.

READ MORE <u>HERE</u>

TRY THESE SIMPLE ACTIVITIES



Math Readiness

Kindergarten serves as the foundation for mathematical learning, and parents play a vital role in nurturing their child's confidence and curiosity in math. By engaging in simple activities and fostering a positive attitude towards math, parents can set their child on a path to mathematical success and lifelong learning.

Try these activities at home!



Lunch at School

Practicing school lunch routines at home is an important skill to help make your child's transition to eating lunch at school a success. Teach your child how to open and eat a lunch box meal to help them thrive. While it might seem unnecessary, practicing these skills is often overlooked as kids get ready for school. Being able to open lunch boxes, packaging, and even peel a banana are important abilities for school-aged children.

Click <u>HERE</u> for Lunch info!

- Choose easy to open containers.
- Manage portion sizes.
- Teach clean up skills.
- Involve your child in packing their lunch.
- Discuss lunch time etiquette.
- Pack their classroom snack separate from their lunch (ex: pocket of backpack) so there is no confusion over what they should be eating for classroom snack and for lunch time.