

More ways to Grow

F u l l D a y K i n d e r g a r t e n

Encouraging Independence

Ensuring your child is ready for kindergarten goes beyond academics. Here are a few tips to help prepare!

- **Zippering:** Practice zipper skills on jackets, bags, or pencil cases. It's a fine motor skill crucial for self-sufficiency.
- **Putting on jackets/sweatshirts:** Encourage your child to independently wear and remove their outerwear. This builds confidence and saves time during transitions.

***Bathroom independence:** Ensure they can use the toilet independently, including wiping and washing hands. This fosters hygiene and self-care habits.

***Unpacking/packing a backpack:** Teach them how to organize their belongings, retrieve items, and pack their backpack efficiently. It promotes organizational skills and responsibility.

Fine Motor Tasks

Fine Motor tasks are crucial for kindergarteners as they help develop the small muscles in their hands and fingers, which are essential for daily activities such as writing, buttoning clothes, and using utensils.

Engaging in activities like drawing, cutting with scissors, and playing with building blocks not only enhances their dexterity but also boosts hand-eye coordination and cognitive development.

Encouraging your child to practice these tasks will support their overall growth and prepare them for more complex skills in the future.

Learning Self Control

Self-control is crucial for incoming kindergarteners as it lays the foundation for academic and social success. Children with good self-control can follow instructions, manage their emotions, and interact positively with peers and teachers. This ability to regulate their behavior helps them focus on tasks, solve problems effectively, and adapt to the structured environment of a classroom. Encouraging and nurturing self-control in young children prepares them for a smoother transition into school life and sets the stage for lifelong learning and development.